

Ohio Neurology and Headache Centre of Excellence
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Associated Headache Symptoms:

- Are any of the following symptoms associated with the headache? Please mark: **(B)** before **(X)** during **(A)** after

Spots before eyes - type - Blindness (R /L) Blurring (R / L) Eyelid droops (R/L)
 Can see only half of objects Tearing (R /L) Double Vision Eye redness (R/L)
 Eyes puffy (R/L) Light sensitivity Noise sensitivity Odor sensitivity
 Nose blocked/discharge (R/L)

<input type="checkbox"/> Nausea	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Stomach cramps	<input type="checkbox"/> Hunger
<input type="checkbox"/> Loss of appetite	<input type="checkbox"/> Diarrhea		

Face - Scalp -

Pale Redness Sweating Tender
 Pain on chewing. Puffy Decreased jaw opening

Neck -

Stiff Tender

Hands and/or Feet -

Cold Pale Sweaty Mottled
 Depression Fatigue Anxiety Irritability
 Difficulty concentrating Difficulty talking (finding words) Difficulty understanding
 Fainting (feel like or have fainted) Slurred speech Dizzy (lightheaded/unsteady/spinning)

Weakness (W) Numbness (N) Both (B)

Face (R/L) Arms (R/L) Legs (R/L) Arm & Leg (R/L)
 Numbness around lips

Indicate if any of the following factors have (+) brought on (trigger) or (++) worsen your headache-

Sleep (too much/too little) Sexual activity Chocolate Medications (list)
 Emotional stress (during/after) Missed meal Citrus fruits Menstrual periods
 Depression/anxiety Change in weather Cheeses Pregnancy
 Physical activity Seasons Other foods (list) Menopause
 Erect Position Alcohol MSG Oral Contraceptives
 Bending over Processed meats Straining/coughing